

Black Country Partnership **NHS**

NHS Foundation Trust

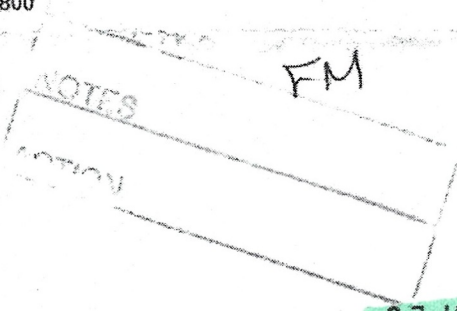
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Hallam St. Hospital
 Hallam Street
 West Bromwich
 West Midlands
 B71 4NH

Our Ref: AL/slm/461690

14th January 2016
 (Clinic date: 20.11.15)

Private & Confidential
 Dr A C Beveridge
 Oldbury Health Centre
 Albert Street
 Oldbury
 West Midlands B69 4DE



27 JAN 2016

Dear Dr Beveridge

Re: Marie Brown - DoB: 18.09.1975 - NHS No: 608 276 5451
34 Groveland Road, Tipton, West Midlands, DY4 7TN

I reviewed the above named patient in the Outpatient Clinic held at Hallam Street Hospital on 20th November 2015.

I am happy to report that since I last saw her, she had a hysterectomy back in May 2015, with no problems or complications. She explained that she had a good recovery and now feels very much better physically, as well as mentally.

She has been much more active, playing netball in a league and going to the gym regularly. She has also recently started a new job and the probation period has gone very well, with her being asked to apply for a permanent post. She receives support from Work Choices and her current role is as a Helpline Advisor at a Domestic Violence Shelter. She did struggle with full-time hours, so is now working 3 days a week. She is also thinking of applying for a job with Voiceability. She enjoys working and feels that she is coping well.

← ADHD Socialising using activities
 ← supported

She has had a few problems, for example when she had concussion following a fall off her motorbike. However, she was able to deal well with the problems at that time. She feels able to manage her life now and is very much aware of her limits and early signs. She knows how to make changes to protect her mental health.

She is hoping to come off her medication now and this has previously been discussed with her. I therefore agreed that she should start to reduce the dose of Mirtazapine. She is also very keen to be discharged from Mental Health Services, which seems appropriate, as she is very well aware of her early signs and knows what actions to take should any problems develop as previously mentioned. She has made a good recovery both physically and mentally.



Chairman: Mr Bob Piper Chief Executive: Ms K. E. Dowman

Miss Marie Brown, printed 25 Oct 2016 11:43 (page 1 of 3)

Miss Marie Brown, printed 28 Feb 2019 09:34 (page 7 of 7)