



Black Country Partnership
NHS Foundation Trust

Quayside House
South Treatment Team
Complex Care Service
Rounds Green Road
Oldbury
B69 2DG

Our Ref: 461690

NHS: 6082765451

Tel: 0121 543 4295

28 June 2018

Dr Al-Gommer
Hallam Street Hospital
Hallam Street
B67 4NH
West midlands

Dear Dr Al-Gommer

Ref: Marie Brown DOB 18/09/1975. Oasis Number 0000461690. 34 Groveland Road, Tipton, DY4 7TN.

I am writing this letter to request an outpatient appointment for a review of diagnosis for the above mentioned patient. Marie currently have a formal diagnosis of BPD, however, she has reported that she would like to be assessed for a diagnosis of Bipolar. She has reported that she has been advised by her GP to have an assessment referral.

Marie has a long history of mental health and her current referral to our services was by her GP. She is currently engaging with me in CBT approach talking therapies. We are working on anxiety and depression awareness and management for specific skills and coping strategies.

Marie has reported broken sleep, she has reported that her mood fluctuate experiencing long periods when her mood is high and during these periods she reports that she renovates her home and periods of experiencing low mood when she finds it difficult to engage in any activity, "I have bad days where I am unable to function or concentrate". She has reported coping strategies of playing video games on his computer and keeping in touch with her family.



02 JUL 2018

She reports past suicidal thought of driving down a cliff, however, denies current suicidal thoughts, plan or intent stating that her family is a protective factor. She denies current self-harm.

Marie has reports that she does not feel that her medication is working, however, she reported being compliant with the medication because "my GP advised me to continue taking them".

Marie has disclosed occasionally smoking Cannabis and drinking wine. She reports that she is aware of the effects of cannabis and alcohol on mental health and that she does not required any work for substance misuse as she only uses these occasionally.

Yours Faithfully,



Sylvia Chitepo

Senior Mental Health Practitioner (CPN)

CC: Dr Beveridge
Oldbury Health Centre
Albert Street
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