

Multi-Disciplinary Team Care Plan

Mental Health Division – Crisis Resolution Home Treatment Team

Name: Marie Brown.		Date: 18.10.18
Hospital:	Ward:	Consultant:
OASIS No. (Sandwell)	MH No. (Wolves)	NHS Number:
Named Nurse: C. Hopburn		Care plan lead:
Team involved in care plan		

Area of need; what is my difficulty?

I have more situations causing me stress at the moment than I feel I can cope with.

AUTISTIC/ADHD BEHAVIOUR
OVERWHELM

Goal; what would I like to be different:

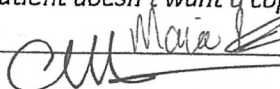
- to have the 'headspace' to be able to address my current stresses - ie neighbour problems & financial pressures appeal to DWP

How are we going to help you achieve this and what steps can you take to help yourself? Please list:

- 1) I will take increased dose of Verlataxine now 150mg Verlataxine:
- 2) I would like to go and stay at P3 for one week
I feel that this environment will help my mental health and give me capacity to look at the current problems that I have
- 3) I will engage with the staff at P3 for support and distraction and assistance with medication
I would like 2 visits from the team during the week and medical review with Dr Rasheed at P3 on Thurs 25.10.18

Patient's views of care plan: I feel this is a good plan

I have received a copy of this care plan (if patient doesn't want a copy or want to sign – indicate reasons in box above). Signature of patient:

Signature of professional leading care plan: 

Signature of relative: (If required)

Date: 16.10.18

Date: 18.10.18

Date:

Date	Evaluations completed weekly and evidence discussion with the patient	Patient/staff signature
25/10/18	medical review D'Rocheed - marie reported good sleep patterns. V. l. d. x. n. e. o. p. o. r. i. n. g	
1030	P3 2 therapeutic effect. Some periods of low mood. Mood 6/10 6 being above medium. Eating well. 2 meals yesterday. Had pizza yesterday which she enjoyed. Visiting the	
	Cafe with family + support worker. No suicidal ideation. No thought disorder.	
	Police are involved with next door - individual relating to past incident - verbal; stated by	
	marie. marie appeared well kept. polite during interaction. Home visit's → Tuesday AM	
	Medical Review → THURSDAY 10/12 Home Marie to remain in P3 - monitor Recovery and the effects of medication.	
		Marie H. Anon

When this page is complete - a new care plan should be devised.