Scanned

Black Country Partnership NHS
NHS Foundation Trust

Multi-Disciplinary Team Care Plan

Mental Health Division – Crisis Resolution Home Treatment Team

Name: Marie Brown			**Date:** 29/1/19
Hospital: CR/HTT	**Ward:** CR/HTT		**Consultant:** Dr Rajesh
OASIS No. (Sandwell) 461690	**MH No. (Wolves)**		**NHS Number:**
Named Nurse: Heather Pitt		**Care plan lead:**	Heather Pitt
Team involved in care plan CR/HTT			

Area of need; what is my difficulty? I am currently finding it hard to function to my normal ability. I am experiencing panic attacks which diazepam helps me. I am experiencing suicidal thoughts of wanting to jump in the canal and wanting to die.

Goal; what would I like to be different: I would like to figure out what I have been doing wrong and try and do better.

How are we going to help you achieve this and what steps can you take to help yourself? Please list:

1/ I would like to be admitted to P3
2/ I would like CR/HTT to visit on alternate days. I would use this time to explore my feelings and develop some more coping strategies
3/ I would like to be reviewed by Dr Rasheed on Thursday 31/1/19
4/ I will talk to P3 staff if my thoughts get worse.
5/ I will contact CR/HTT if I become suicidal

Patient's views of care plan: Marie doesn't want to add a comment.

Caulden II - ADHD/AUTISTIC BURNOUT

I have received a copy of this care plan *(if patient doesn't want a copy or want to sign – indicate reasons in box above).* Signature of patient: Marie	Date:
Signature of professional leading care plan: H Pitt	Date: 29/1/19
Signature of relative: (If required)	Date: