



Black Country Partnership
NHS Foundation Trust

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SANDWELL CRISIS/HOME TREATMENT TEAM

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29 January 2019

Private and Confidential
Dr Beveridge
Oldbury Health Centre
Albert Street
Oldbury
B69 4DE

Dear Dr Beveridge

Re: Marie Brown DOB: 18.09.1975
Address: 34 Groveland Road Tipton DY4 7TN

The Crisis Team assessed the above client on 26 January 2019 and the outcome of the assessment is given below.

Marie was assessed at home following a self-referral. She complained of low mood and panic attacks which she described as being in a tail spin. She identified triggers as being her mother going into crisis last week and being taken under the care of Birmingham Home Treatment Team. She also had to arrange for Social Services assessment for her brother who suffers from autism.

Marie was also stressed by a trip her friend had arranged to Harry Potter World on 27 January 2019 and a PIP appeal hearing on 28 January 2019.

Marie said she felt like taking an overdose but would not take it as she had promised her family she would not do this again. She had thoughts of jumping in a canal and making it look like she had accidentally died of hyperthermia but the temperature had risen. She denied any immediate active suicidal ideas. She expressed unhappiness that she had been unable to access DBT, schema therapy for her borderline personality disorder due to her perceived lack of CCG funding in Sandwell.

Plan:

- Marie declined Home Treatment input and informal admission to Hallam Street Hospital.
- She agreed to admission to P3 Crisis Bed but changed her mind when staff were transporting her there and asked to be brought home. PANIC ATTACK IN THE VEHICLE
- She has been referred back to her Care Coordinator – Sylvia Chepito, CPN Wellbeing Team.

If you wish to discuss the assessment or require any further information, please do not hesitate to contact the team.



Marie Brown 260119.doc

The Sandwell Crisis Team is a multi-disciplinary Mental Health Team available 24 hours a day, 365 days a year. It is an alternative to hospital admission and supports clients, their family, and Carers, through a mental health crisis using community based strategies. The team can be contacted on 0121 543 4100.

Yours sincerely

Heather Pitt

H Pitt – Community Psychiatric Nurse

cc: File